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National Health Observances 2015 at a Glance

National Health Information Center

January

- **[Cervical Health Awareness Month](/NHO/nho.aspx?year=2015#106)** (/NHO/nho.aspx?year=2015#106)
- **[National Birth Defects Prevention Month](/NHO/nho.aspx?year=2015#107)** (/NHO/nho.aspx?year=2015#107)
- **[National Glaucoma Awareness Month](/NHO/nho.aspx?year=2015#109)** (/NHO/nho.aspx?year=2015#109)
- **[National Radon Action Month](/NHO/nho.aspx?year=2015#502)** (/NHO/nho.aspx?year=2015#502)
- **[National Stalking Awareness Month](/NHO/nho.aspx?year=2015#613)** (/NHO/nho.aspx?year=2015#613)
- **[National Winter Sports TBI Awareness Month](/NHO/nho.aspx?year=2015#645)** (/NHO/nho.aspx?year=2015#645)
- **[Thyroid Awareness Month](/NHO/nho.aspx?year=2015#400)** (/NHO/nho.aspx?year=2015#400)
- 4 - 10 **[National Folic Acid Awareness Week](/NHO/nho.aspx?year=2015#432)** (/NHO/nho.aspx?year=2015#432)
- 26 - February 01 **[National Drug Facts Week](/NHO/nho.aspx?year=2015#595)** (/NHO/nho.aspx?year=2015#595)

February

- **[AMD/Low Vision Awareness Month](/NHO/nho.aspx?year=2015#113)** (/NHO/nho.aspx?year=2015#113)
- **[American Heart Month](/NHO/nho.aspx?year=2015#112)** (/NHO/nho.aspx?year=2015#112)
- **[International Prenatal Infection Prevention Month](/NHO/nho.aspx?year=2015#473)** (/NHO/nho.aspx?year=2015#473)

- **National Children's Dental Health Month** (/NHO/nho.aspx?year=2015#114)
 - **Teen Dating Violence Awareness Month** (/NHO/nho.aspx?year=2015#614)
 - 1 - 7 **African Heritage & Health Week** (/NHO/nho.aspx?year=2015#640)
 - 4 **World Cancer Day** (/NHO/nho.aspx?year=2015#660)
 - 6 **Give Kids A Smile ® Day** (/NHO/nho.aspx?year=2015#359)
 - 6 **National Wear Red Day** (/NHO/nho.aspx?year=2015#407)
 - 7 - 14 **Congenital Heart Defect Awareness Week** (/NHO/nho.aspx?year=2015#392)
 - 7 **National Black HIV/AIDS Awareness Day** (/NHO/nho.aspx?year=2015#550)
 - 14 **National Donor Day** (/NHO/nho.aspx?year=2015#411)
 - 22 - 28 **National Eating Disorder Screening Program ®** (/NHO/nho.aspx?year=2015#653)
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March

- **National Cheerleader Safety Month** (/NHO/nho.aspx?year=2015#664)
- **National Colorectal Cancer Awareness Month** (/NHO/nho.aspx?year=2015#124)
- **National Endometriosis Awareness Month** (/NHO/nho.aspx?year=2015#489)
- **National Kidney Month** (/NHO/nho.aspx?year=2015#637)
- **National Nutrition Month** (/NHO/nho.aspx?year=2015#127)
- **National Problem Gambling Awareness Month** (/NHO/nho.aspx?year=2015#456)
- **Save Your Vision Month** (/NHO/nho.aspx?year=2015#331)
- **Trisomy Awareness Month** (/NHO/nho.aspx?year=2015#594)
- **Workplace Eye Wellness Month** (/NHO/nho.aspx?year=2015#128)
- 2 - 8 **National Sleep Awareness Week ®** (/NHO/nho.aspx?year=2015#338)
- 2 - 6 **National School Breakfast Week** (/NHO/nho.aspx?year=2015#130)
- 8 - 14 **Patient Safety Awareness Week** (/NHO/nho.aspx?year=2015#367)
- 10 **National Women and Girls HIV/AIDS Awareness Day** (/NHO/nho.aspx?year=2015#551)
- 12 **World Kidney Day** (/NHO/nho.aspx?year=2015#492)
- 15 - 21 **Flood Safety Awareness Week** (/NHO/nho.aspx?year=2015#632)
- 15 - 21 **National Poison Prevention Week** (/NHO/nho.aspx?year=2015#642)

- 16 - 22 **[Brain Awareness Week](#)** (/NHO/nho.aspx?year=2015#132)
 - 20 **[National Native American HIV/AIDS Awareness Day](#)** (/NHO/nho.aspx?year=2015#552)
 - 22 - 28 **[Tsunami Preparedness Week](#)** (/NHO/nho.aspx?year=2015#586)
 - 23 - 27 **[National Youth Violence Prevention Week](#)** (/NHO/nho.aspx?year=2015#628)
 - 24 **[American Diabetes Alert Day](#)** (/NHO/nho.aspx?year=2015#136)
 - 24 **[World Tuberculosis Day](#)** (/NHO/nho.aspx?year=2015#139)
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April

- **[Alcohol Awareness Month](#)** (/NHO/nho.aspx?year=2015#436)
- **[Irritable Bowel Syndrome Awareness Month](#)** (/NHO/nho.aspx?year=2015#4)
- **[National Autism Awareness Month](#)** (/NHO/nho.aspx?year=2015#5)
- **[National Child Abuse Prevention Month](#)** (/NHO/nho.aspx?year=2015#424)
- **[National Distracted Driving Awareness Month](#)** (/NHO/nho.aspx?year=2015#598)
- **[National Donate Life Month](#)** (/NHO/nho.aspx?year=2015#18)
- **[National Facial Protection Month](#)** (/NHO/nho.aspx?year=2015#383)
- **[National Minority Health Month](#)** (/NHO/nho.aspx?year=2015#525)
- **[Occupational Therapy Month](#)** (/NHO/nho.aspx?year=2015#7)
- **[Sexual Assault Awareness and Prevention Month](#)** (/NHO/nho.aspx?year=2015#571)
- **[Sexual Assault Awareness Month of Action](#)** (/NHO/nho.aspx?year=2015#446)
- **[Sports Eye Safety Awareness Month](#)** (/NHO/nho.aspx?year=2015#350)
- **[STI Awareness Month](#)** (/NHO/nho.aspx?year=2015#601)
- **[Women's Eye Health and Safety Month](#)** (/NHO/nho.aspx?year=2015#10)
- 6 - 12 **[National Public Health Week](#)** (/NHO/nho.aspx?year=2015#12)
- 7 **[Sexual Assault Awareness Day of Action](#)** (/NHO/nho.aspx?year=2015#654)
- 7 **[World Health Day](#)** (/NHO/nho.aspx?year=2015#14)
- 9 **[National Alcohol Screening Day](#)** ® (/NHO/nho.aspx?year=2015#356)
- 10 **[National Youth HIV and AIDS Awareness Day](#)** (/NHO/nho.aspx?year=2015#646)
- 18 - 25 **[National Infant Immunization Week](#)** (/NHO/nho.aspx?year=2015#17)

- 19 - 25 **National Infertility Awareness Week** ([/NHO/nho.aspx?year=2015#591](#))
 - 20 - 24 **Every Kid Healthy™ Week** ([/NHO/nho.aspx?year=2015#649](#))
 - 24 - 30 **World Immunization Week** ([/NHO/nho.aspx?year=2015#639](#))
 - 24 **World Meningitis Day** ([/NHO/nho.aspx?year=2015#545](#))
 - 27 - May 01 **Air Quality Awareness Week** ([/NHO/nho.aspx?year=2015#607](#))
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May

- **Arthritis Awareness Month** ([/NHO/nho.aspx?year=2015#514](#))
- **Better Hearing and Speech Month** ([/NHO/nho.aspx?year=2015#538](#))
- **Food Allergy Action Month** ([/NHO/nho.aspx?year=2015#155](#))
- **Global Employee Health and Fitness Month** ([/NHO/nho.aspx?year=2015#162](#))
- **Global Youth Traffic Safety Month** ([/NHO/nho.aspx?year=2015#629](#))
- **Healthy Vision Month** ([/NHO/nho.aspx?year=2015#510](#))
- **Hepatitis Awareness Month** ([/NHO/nho.aspx?year=2015#459](#))
- **International Mediterranean Diet Month** ([/NHO/nho.aspx?year=2015#583](#))
- **Melanoma/Skin Cancer Detection and Prevention Month** ® ([/NHO/nho.aspx?year=2015#31](#))
- **Mental Health Month** ([/NHO/nho.aspx?year=2015#32](#))
- **National Asthma and Allergy Awareness Month** ([/NHO/nho.aspx?year=2015#21](#))
- **National Celiac Disease Awareness Month** ([/NHO/nho.aspx?year=2015#483](#))
- **National Osteoporosis Awareness and Prevention Month** ([/NHO/nho.aspx?year=2015#143](#))
- **National Physical Fitness and Sports Month** ([/NHO/nho.aspx?year=2015#378](#))
- **National Stroke Awareness Month** ([/NHO/nho.aspx?year=2015#658](#))
- **National Teen Pregnancy Prevention Month** ([/NHO/nho.aspx?year=2015#461](#))
- **Preeclampsia Awareness Month** ([/NHO/nho.aspx?year=2015#630](#))
- **Ultraviolet Awareness Month** ([/NHO/nho.aspx?year=2015#110](#))
- 1 - 7 **National Physical Education & Sport Week** ([/NHO/nho.aspx?year=2015#663](#))
- 3 - 9 **Children's Mental Health Awareness Week** ([/NHO/nho.aspx?year=2015#515](#))
- 3 - 9 **North American Occupational Safety and Health Week** ([/NHO/nho.aspx?year=2015#180](#))

- 5 **Hand Hygiene Day** ([/NHO/nho.aspx?year=2015#638](#))
 - 6 **National Bike to School Day** ([/NHO/nho.aspx?year=2015#634](#))
 - 10 - 16 **National Alcohol- and Other Drug-Related Birth Defects Awareness Week** ([/NHO/nho.aspx?year=2015#158](#))
 - 10 - 16 **National Women's Health Week** ([/NHO/nho.aspx?year=2015#590](#))
 - 10 **Cornelia de Lange Syndrome Awareness Day** ([/NHO/nho.aspx?year=2015#402](#))
 - 11 - 17 **National Stuttering Awareness Week** ([/NHO/nho.aspx?year=2015#159](#))
 - 11 **National Women's Check-up Day** ([/NHO/nho.aspx?year=2015#385](#))
 - 12 - 16 **National Neuropathy Awareness Week** ([/NHO/nho.aspx?year=2015#616](#))
 - 18 - 24 **Healthy and Safe Swimming Week** ([/NHO/nho.aspx?year=2015#434](#))
 - 18 **HIV Vaccine Awareness Day** ([/NHO/nho.aspx?year=2015#396](#))
 - 19 **National Asian and Pacific Islander HIV/AIDS Awareness Day** ([/NHO/nho.aspx?year=2015#549](#))
 - 20 **World Autoimmune Arthritis Day** ([/NHO/nho.aspx?year=2015#619](#))
 - 22 **Heat Safety Awareness Day** ([/NHO/nho.aspx?year=2015#587](#))
 - 24 - 30 **National Hurricane Preparedness Week** ([/NHO/nho.aspx?year=2015#585](#))
 - 27 **National Senior Health & Fitness Day** ® ([/NHO/nho.aspx?year=2015#564](#))
 - 31 **World No Tobacco Day** ([/NHO/nho.aspx?year=2015#166](#))
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June

- 1 - July 04 **Fireworks Safety Month** ([/NHO/nho.aspx?year=2015#33](#))
- **Cataract Awareness Month** ([/NHO/nho.aspx?year=2015#172](#))
- **Men's Health Month** ([/NHO/nho.aspx?year=2015#588](#))
- **Myasthenia Gravis Awareness Month** ([/NHO/nho.aspx?year=2015#612](#))
- **National Aphasia Awareness Month** ([/NHO/nho.aspx?year=2015#36](#))
- **National Congenital Cytomegalovirus Awareness Month** ([/NHO/nho.aspx?year=2015#573](#))
- **National Safety Month** ([/NHO/nho.aspx?year=2015#445](#))
- **National Scleroderma Awareness Month** ([/NHO/nho.aspx?year=2015#35](#))
- 7 - 13 **National Rip Current Awareness Week** ([/NHO/nho.aspx?year=2015#584](#))

- **7 National Cancer Survivors Day** (</NHO/nho.aspx?year=2015#168>)
 - **15 - 21 Men's Health Week** (</NHO/nho.aspx?year=2015#38>)
 - **19 World Sickle Cell Day** (</NHO/nho.aspx?year=2015#579>)
 - **21 - 27 National Lightning Safety Awareness Week** (</NHO/nho.aspx?year=2015#633>)
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July

- **Cord Blood Awareness Month** (</NHO/nho.aspx?year=2015#574>)
 - **International Group B Strep Awareness Month** (</NHO/nho.aspx?year=2015#342>)
 - **Juvenile Arthritis Awareness Month** (</NHO/nho.aspx?year=2015#526>)
 - **National Cleft & Craniofacial Awareness & Prevention Month** (</NHO/nho.aspx?year=2015#602>)
 - **28 World Hepatitis Day** (</NHO/nho.aspx?year=2015#548>)
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August

- **Children's Eye Health and Safety Month** (</NHO/nho.aspx?year=2015#144>)
 - **National Breastfeeding Month** (</NHO/nho.aspx?year=2015#621>)
 - **National Immunization Awareness Month** (</NHO/nho.aspx?year=2015#472>)
 - **Psoriasis Awareness Month** (</NHO/nho.aspx?year=2015#345>)
 - **1 - 7 World Breastfeeding Week** (</NHO/nho.aspx?year=2015#600>)
 - **9 - 15 National Health Center Week** (</NHO/nho.aspx?year=2015#625>)
 - **24 - 28 Contact Lens Health Week** (</NHO/nho.aspx?year=2015#652>)
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September

- **Childhood Cancer Awareness Month** (</NHO/nho.aspx?year=2015#448>)
- **Fruit and Veggies—More Matters Month** (</NHO/nho.aspx?year=2015#56>)

- **[Healthy Aging ® Month \(/NHO/nho.aspx?year=2015#606\)](#)**
- **[National Atrial Fibrillation Awareness Month \(/NHO/nho.aspx?year=2015#568\)](#)**
- **[National Childhood Obesity Awareness Month \(/NHO/nho.aspx?year=2015#608\)](#)**
- **[National Food Safety Education Month \(/NHO/nho.aspx?year=2015#643\)](#)**
- **[National ITP Awareness Month \(/NHO/nho.aspx?year=2015#603\)](#)**
- **[National Pediculosis Prevention Month/Head Lice Prevention Month \(/NHO/nho.aspx?year=2015#173\)](#)**
- **[National Preparedness Month \(/NHO/nho.aspx?year=2015#626\)](#)**
- **[National Recovery Month \(/NHO/nho.aspx?year=2015#620\)](#)**
- **[National Sickle Cell Month \(/NHO/nho.aspx?year=2015#54\)](#)**
- **[National Traumatic Brain Injury Awareness Month \(/NHO/nho.aspx?year=2015#644\)](#)**
- **[National Yoga Awareness Month \(/NHO/nho.aspx?year=2015#527\)](#)**
- **[Newborn Screening Awareness Month \(/NHO/nho.aspx?year=2015#597\)](#)**
- **[Ovarian Cancer Awareness Month \(/NHO/nho.aspx?year=2015#55\)](#)**
- **[Pain Awareness Month \(/NHO/nho.aspx?year=2015#665\)](#)**
- **[Prostate Cancer Awareness Month \(/NHO/nho.aspx?year=2015#182\)](#)**
- **[Sepsis Awareness Month \(/NHO/nho.aspx?year=2015#662\)](#)**
- **[Sports Eye Safety Month \(/NHO/nho.aspx?year=2015#656\)](#)**
- **[Whole Grains Month \(/NHO/nho.aspx?year=2015#497\)](#)**
- **[World Alzheimer's Month \(/NHO/nho.aspx?year=2015#480\)](#)**
- 7 - 13 **[National Suicide Prevention Week \(/NHO/nho.aspx?year=2015#476\)](#)**
- 10 **[World Suicide Prevention Day \(/NHO/nho.aspx?year=2015#647\)](#)**
- 13 **[National Celiac Disease Awareness Day \(/NHO/nho.aspx?year=2015#503\)](#)**
- 15 **[Get Ready Day \(/NHO/nho.aspx?year=2015#582\)](#)**
- 16 **[National School Backpack Awareness Day \(/NHO/nho.aspx?year=2015#569\)](#)**
- 17 **[RAINN Day \(/NHO/nho.aspx?year=2015#572\)](#)**
- 18 **[National HIV/AIDS and Aging Awareness Day \(/NHO/nho.aspx?year=2015#651\)](#)**
- 20 - 26 **[National Farm Safety & Health Week \(/NHO/nho.aspx?year=2015#486\)](#)**
- 26 **[Family Health & Fitness Day USA ® \(/NHO/nho.aspx?year=2015#562\)](#)**
- 26 **[Sport Purple For Platelets Day \(/NHO/nho.aspx?year=2015#604\)](#)**

- 28 - October 02 **Malnutrition Awareness Week** (/NHO/nho.aspx?year=2015#657)
 - 28 **World Rabies Day** (/NHO/nho.aspx?year=2015#540)
 - 29 **World Heart Day** (/NHO/nho.aspx?year=2015#469)
 - 30 **National Women's Health & Fitness Day TM** (/NHO/nho.aspx?year=2015#563)
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October

- **Domestic Violence Awareness Month** (/NHO/nho.aspx?year=2015#631)
- **Eye Injury Prevention Month** (/NHO/nho.aspx?year=2015#352)
- **Health Literacy Month** (/NHO/nho.aspx?year=2015#609)
- **Home Eye Safety Month** (/NHO/nho.aspx?year=2015#421)
- **National Breast Cancer Awareness Month** (/NHO/nho.aspx?year=2015#68)
- **National Bullying Prevention Month** (/NHO/nho.aspx?year=2015#610)
- **National Dental Hygiene Month** (/NHO/nho.aspx?year=2015#661)
- **National Down Syndrome Awareness Month** (/NHO/nho.aspx?year=2015#395)
- **National Medical Librarians Month** (/NHO/nho.aspx?year=2015#362)
- **National Physical Therapy Month** (/NHO/nho.aspx?year=2015#74)
- **Sudden Infant Death Syndrome (SIDS) Awareness Month** (/NHO/nho.aspx?year=2015#636)
- 4 - 10 **Mental Illness Awareness Week** (/NHO/nho.aspx?year=2015#533)
- 7 **International Walk to School Day** (/NHO/nho.aspx?year=2015#596)
- 8 **National Depression Screening Day ®** (/NHO/nho.aspx?year=2015#83)
- 12 - 20 **Bone and Joint Health National Awareness Week** (/NHO/nho.aspx?year=2015#430)
- 13 **Metastatic Breast Cancer Awareness Day** (/NHO/nho.aspx?year=2015#522)
- 15 **National Latino AIDS Awareness Day** (/NHO/nho.aspx?year=2015#554)
- 16 **World Food Day** (/NHO/nho.aspx?year=2015#91)
- 18 - 24 **International Infection Prevention Week** (/NHO/nho.aspx?year=2015#615)
- 18 - 24 **National Healthcare Quality Week** (/NHO/nho.aspx?year=2015#659)
- 19 - 23 **National Health Education Week** (/NHO/nho.aspx?year=2015#627)
- 19 **World Pediatric Bone and Joint Day** (/NHO/nho.aspx?year=2015#641)

- **22 [International Stuttering Awareness Day](#)** (/NHO/nho.aspx?year=2015#408)
 - **23 - 31 [Red Ribbon Week](#)** (/NHO/nho.aspx?year=2015#567)
 - **25 - 31 [Respiratory Care Week](#)** (/NHO/nho.aspx?year=2015#404)
 - **29 [World Psoriasis Day](#)** (/NHO/nho.aspx?year=2015#624)
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November

- **[American Diabetes Month](#)** (/NHO/nho.aspx?year=2015#95)
 - **[COPD Awareness Month](#)** (/NHO/nho.aspx?year=2015#565)
 - **[Diabetic Eye Disease Month](#)** (/NHO/nho.aspx?year=2015#93)
 - **[Lung Cancer Awareness Month](#)** (/NHO/nho.aspx?year=2015#635)
 - **[Lung Cancer Awareness Month](#)** (/NHO/nho.aspx?year=2015#364)
 - **[National Alzheimer's Disease Awareness Month](#)** (/NHO/nho.aspx?year=2015#611)
 - **[National Family Caregivers Month](#)** (/NHO/nho.aspx?year=2015#416)
 - **[National Healthy Skin Month](#)** (/NHO/nho.aspx?year=2015#380)
 - **[National Hospice Palliative Care Month](#)** (/NHO/nho.aspx?year=2015#177)
 - **[National Stomach Cancer Awareness Month](#)** (/NHO/nho.aspx?year=2015#592)
 - **19 [Great American Smokeout](#)** (/NHO/nho.aspx?year=2015#99)
 - **22 [International Survivors of Suicide Day](#)** (/NHO/nho.aspx?year=2015#556)
 - **23 - 29 [Gastroesophageal Reflux Disease Awareness Week](#)** (/NHO/nho.aspx?year=2015#100)
 - **26 [National Family Health History Day](#)** (/NHO/nho.aspx?year=2015#650)
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December

- **[Safe Toys and Gifts Month](#)** (/NHO/nho.aspx?year=2015#494)
- **1 [World AIDS Day](#)** (/NHO/nho.aspx?year=2015#104)
- **7 - 13 [National Influenza Vaccination Week](#)** (/NHO/nho.aspx?year=2015#648)

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